



SERVICES OF Allied Health Services Australia

Rehabilitation
Allied Health
Physiotherapy

Phone: 07 5528 8617
www.rehabilitationathome.com.au

www.alliedhealthservicesaustralia.com.au

Medical Centres
Work Place Health
Nurse Agency Services
Aged Care Nursing Facilities

ALLIED HEALTH SERVICES AUSTRALIA

Phone: 07 5528 8617

ALLIED HEALTH SERVICES AUSTRALIA

Health Fitness & Wellness Programs

Phone 07 5528 8617
www.alliedhealthservicesaustralia.com.au

CARING

EXPERIENCED

REALISTIC

PROGRESSIVE

Thank you for choosing to consider Allied Health Services Australia (AHSA) for the provision of ongoing rehabilitation and other allied health services.

Summary of our Service Provision

Established since 2004, formerly known as Rehabilitation at Home, Allied Health Services Australia was the first private service provider within the health industry in South East Queensland (outside of the hospital system) to provide ongoing intensive allied health driven rehabilitation, injury management and maintenance therapy for low to high care patients.

Allied Health Services Australia is an integral health service arm of Rehabilitation at Home. With the support of a growing team of highly qualified and motivated health professionals, in-home/facility services are provided on the Gold Coast and Brisbane corridor expanding from North Brisbane through to Tweed Heads. In addition to our home/facility-based service, Allied Health Services Australia currently supply more than twenty rehabilitation/injury management clinics across the Brisbane & Gold Coast region.

Allied Health Services Australia is built on a passionate desire to make a difference both in individual lives and in the quality of customer service provided to its contracting organisations and facilities. As a result, we have developed many strong relationships with Primary Care providers by assisting their patients to improve and maintain maximum functional capacity and independence despite their disability, disease or illness.

Over the last decade we have worked very hard to ensure that our team is comprised of the highest quality health professionals available. All of the health professionals within our organisation are highly skilled, with many holding multiple tertiary qualifications in their respective areas of expertise. Furthermore, many of the health professionals are specialists and have subsequently spent numerous years gathering knowledge in their chosen field. As a result of the excellence of our staff, Allied Health Services Australia has now become the preferred service provider for numerous specialist doctors, care/disability organisations and government health providers.

Our organizational expertise includes, medical centers, home, clinic and community based complex rehabilitation and management services, occupational/workplace health rehabilitation and management, injury prevention services, functional capacity assessment, return to work, nursing care facility treatment, paediatric development therapy, nurse and carer education and training, corporate health programs, health and wellness programs and manual handling education and training. Our corporate clients range from military personnel, construction workers, medical centres, hospitals and care facilities.

Allied Health Services Australia is committed to ensuring, your staff, patients, clients and residents are afforded the highest quality of professional allied health intervention and management available. We believe that your organisation would significantly benefit from having the expertise, experience and enthusiasm of our dedicated clinical team. We look forward to working with your organization in the near future.

Please do not hesitate to contact us if you have any questions or require further clarity regarding our organisation.

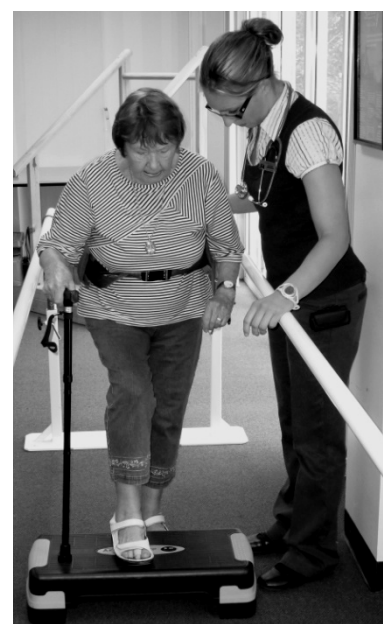
Yours Sincerely,

Travis Docherty & Shamir Patel

Joint Directors of Allied Health Services Australia

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CONTENTS

01

INTRODUCTION

Letter from the Directors

04

MORE INFORMATION

About Allied Health Services Australia

07

DIRECTORS INFORMATION

10

SYSTEMS AND PERFORMANCE

How our business operates

14

SERVICES AVAILABLE

What we can offer

22

A SUMMARY

The benefits

MORE INFORMATION

CARING

EXPERIENCED

REALISTIC
PROGRESSIVE

Allied Health Services Australia

More Information

ABOUT US

Allied Health Services Australia is an organization that has been providing high quality treatment and management to its patients in southeast Queensland for over a decade.

At Allied Health Services Australia, we are committed to the comprehensive delivery of the highest quality of care. We use current evidence based practice and varied allied health professionals to assist in the treatment of a variety disability, injury, diseases and illness.

OUR MISSION

To deliver quality, intensive, treatment and management to all community members experiencing significant disability, injury illness or disease.

OUR MOTTO

“Enhancing quality of life through improvements in mobility and function”

ORGANISATIONAL EXPERTISE

- Medical Centre allied health service provision
- Rehabilitation of injury and complex disability
- Rehabilitation of military personnel and construction workers post injury
- Home and community based complex rehabilitation and management.
- Occupational rehabilitation, management, injury prevention services, FCE and return to work
- Nursing care facility provision of all allied health services
- Paediatric developmental therapy (Better Start Program approved)
- Nurse and carer education and training
- Registered nurse clinical services and relief staff agency provision
- Corporate health programs
- Health and wellness programs
- Manual handling training provider



Allied Health Services Australia

Formal Business Details

ORGANISATION DETAILS	
Company Name	Allied Health Services Australia,
Registered Office	Suite 2/ 100 Cheltenham Drive Robina 4226
Site Address (Principal Place of Business)	Suite 2/ 100 Cheltenham Drive Robina 4226
Postal Address (Principal Place of Business)	PO BOX 4959, GCMC 9726

INSURANCE DETAILS			
	Public Liability	Professional Indemnity	Workers Compensation
Insurer	GUILD INSURANCE	GUILD INSURANCE	WORKCOVER QLD
Policy Number	42/40RAB0297402	42/40RAB0297402	WNA071188338
Value	\$20, 000, 000	\$10, 000, 000	

INFORMATION ON DIRECTORS

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Directors



Clinical Director
Assistant Professor, Bond University,
Gold Coast, Australia.
Occupational Rehabilitation Manager

TRAVIS DOCHERTY, MPHTY, B EX SC
Masters Degree in Physiotherapy
Bachelor of Exercise Science
Cert IV Workplace Training and Assessment

Course developer, Facilitator, presenter and assessor
for Manual Handling training

Bond University seasonal lecturer

The Clinical Director's role is to develop strategies to provide innovative and effective clinical service progression, identify future service demand, developing and implementing of all new clinical projects, ensure optimal clinical procedures and policies and maintaining clinical quality. The Clinical Director will maximise professional development and learning opportunities for all employees.

It is the Clinical Director's mandate to ensure that the highest level of treatment and management is delivered to clients of Allied Health Services Australia and their employees on every occasion.



Managing Director

SHAMIR PATEL
BA, MBA, MIBM

Shamir Patel joined Travis Docherty and the Allied Health Services Australia team as General Manager / Principal in 2012 and has brought with him vast business and management expertise to ensure Allied Health Services Australia continues to provide the highest quality of service to its clients.

Shamir maintains an essential 'non clinical' role within the Allied Health Services Australia organisation. It is within the scope of his portfolio to maximise administrative efficiency and accuracy, maintain the highest level of quality assurance as well as develop and support new and existing relationships with other service providers and industry associates.

Additionally, it is Shamir's responsibility to ensure the dedicated staff of Allied Health Services Australia always has the latest and most up to date clinical resources and facilities at hand, to ensure maximum positive outcomes for all clients.

STAFF OVERVIEW

Allied Health Care Clinicians all hold up-to-date professional accreditation, attend on-going training under the guidance of their managers and professional associations, and maintain thorough standardised clinical records and patient progress notes. All employees are expected to carry out their duties diligently and to the highest professional standards. All staff must ensure and regard as completely and strictly confidential, all information relating to our patients.



SYSTEMS & PERFORMANCE

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Systems & Performance

MANAGEMENT SYSTEMS

AHSA has developed and has instituted for all employees;

- * Standardised Evidence Based Clinical Pathways
- * A Quality Assurance System
- * OH&S Policies and Procedures
- * Risk Management Policies and Procedures
- * Complaints Procedures; both internal and external
- * Professional and extensive patient reporting systems and timetables

COMPANY PERFORMANCE

Allied Health Services Australia is based on the Gold Coast. The company has spent many years perfecting and moulding their treatment and training courses in order to ensure their absolute relevance within the health and community sector. As a result AHSA has been the recipient of industry awards for excellence.

AHSA was awarded the 2010 FINALIST for the Spinal Injuries Association 'Inclusive Community Champion Award for Best Local Business/Community Provider', presented by the Gold Coast Mayor, Ron Clark. With this association we are often called upon to assess clients for them for placement in homes etc.

AHSA was previously granted funding to develop a Mobility, Maintenance and Falls Prevention Program from the General Practice Gold Coast divisional office. This was a successfully implemented pilot program. A brief synopsis and excerpt follows;

Thirty-two residents of Paradise Lakes Nursing Care Facility received on average, six weeks of physiotherapy intervention aimed at reducing falls rates and improving resident's general functional ability. Treatment consisted of individualised strengthening and balance programs delivered as two, half hourly treatment sessions per week. The Modified Elderly Mobility Scale (MEMS) was used to assess changes in functional capacity. An overall improvement of thirty-six points on the MEMS outcome measure was demonstrated following the intervention. The patient's average MEMS score improved from sixteen (pre-intervention) to seventeen (post-intervention). Although this change was statistically significant, a clearer trend of improvement was seen in the residents with lower functional capacity initially (those scoring less than 15/23 MEMS). The majority of residents felt the program was beneficial to them resulting in improved confidence performing tasks previously associated with fear of falling.

INDUSTRY PREFERRED PROVIDER

In addition to holding many ongoing and long standing service agreements with a number of Australian based care organisations Nursing facilities, AHSA is the preferred provider of allied health clinical support services within many facilities from small privately owned organisations to Government owned organisations.

AHSA is the preferred provider of Manual Handling Training Seminars for care staff and ancillary staff within a large number of care facilities throughout the Gold Coast region.

CLINICAL DOCUMENTATION, CLINICAL MANAGEMENT SYSTEM

AHSA understands the importance of maintaining accurate and extensive clinical documentation to the highest of standards. As a result AHSA have developed their own quality clinical templates, which may be utilised on they're own, or moulded to enhance the pre-existing templates presently used at your facilities. This will not only ensure that all accreditation and audit assessments are passed with flying colours but also the patient/ resident's diagnosis, treatment and outcomes are presented for easy reference by all whom require access. Whether hard copy or computer based record keeping is required, AHSA is dedicated to continuously updating and improving clinical templates and their associated procedures and protocols to ensure optimal effectiveness.



ALLIED HEALTH SERVICES AUSTRALIA

The following is a summary of services that
Allied Health Services Australia has available:

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Services available for the facility

TREATMENT & PROGRAMS

Our skilled Allied Health Professionals offer a variety of treatment methods to help restore, increase and maintain optimal physical function and health. The patient is provided with customized treatment programs that encourage self-management and independence.

Allied Health Services Australia provides treatment and management to all disability, injury, disease and illness including:

- **Musculoskeletal**
- **Complex Physical Disability**
- **Orthopaedic**
- **Neurological**
- **Paediatric**
- **Geriatric**
- **Metabolic**
- **Work injury**
- **Sports injury**
- **Mental health**
- **Respiratory**
- **Cardiovascular**



PHYSIOTHERAPIST

Acute and chronic back injury

Post-surgical rehabilitation

Acute and chronic pain

Musculoskeletal injury

Rehabilitation

Work place injury and management

Sports injury

Hands on treatment - manual therapy

Complex physical disability

EXERCISE PHYSIOLOGIST

Associated Program Delivery:

- CHRONIC SPINAL PAIN & INJURY PROGRAM
- CHRONIC SHOULDER PROGRAM
- CHRONIC PAIN PROGRAM
- POST - SURGICAL PROGRAM
- FALLS PREVENTION PROGRAM
- HEALTHY HEART PROGRAM
- WEIGHT MANAGEMENT PROGRAM
- ASTHMA EDUCATION & SELF-MANAGEMENT PROGRAM
- COPD EDUCATION & SELF-MANAGEMENT PROGRAM
- CHRONIC ARTHRITIS PROGRAM
- DIABETES GROUP EDUCATION PROGRAM

PSYCHOLOGY SERVICES

Psychology interventions available are designed to focus on prevention; address health disparities; aim to reduce psychological distress; and enhance and promote psychological wellbeing in all populations.

Grief and Loss

DIETICIAN

The role of AHSA Dietitians is to collect, organize and assess data relating to the health and nutritional status of an individual with or without metabolic disorder. AHSA Dietitians provide evidence-based education and communicate researched information, advice and professional opinion to individuals. Tangible, practical advice and strategy that ensure the most optimal nutritional results is provided.



DIETICIAN services include:

- Sports performance
- Health maintenance and recovery from significant illness
- Pre and postnatal development
- Pediatric development
- Geriatric care
- Weight management
- Menopausal nutritional management

REGISTERED NURSE

Health assessment and community-based reviews are available to ensure that patients are provided intervention and education within their own home environment. It has been proven that home visits assist to prevent health decline as a holistic overview may discover health concerns or risks factors that would have gone undetected within the confines of a clinic based consultation.

Nursing Services Include:

- Wound care management
- Community clinical nursing
- Health assessments
- Clinical case management
- Corporate health
- Agency relief staff

OCCUPATIONAL THERAPY

An AHSA Occupational Therapist will assist by ensuring the patient is able to access their environment effectively despite whichever injury, disability, illness or disease they may be enduring. Additionally, most rehabilitation programs will require the assistance of an Occupational Therapist to aid with neurological and musculoskeletal recovery in order to return the patient to their full physical capacity.

Areas of assistance include:

- Access
- Acquired brain injury
- Adaptive technology
- Activity of daily living assessments
- Aged care
- Attendant care reviews



- Autism spectrum disorders
- Equipment prescription
- Driving assessments
- Falls prevention
- Ergonomics
- Handwriting and fine motor
- OH&S consultation
- Paediatrics
- Seating and wheelchair prescription
- Case management

DIABETES EDUCATOR

A qualified Diabetes Educator will provide a comprehensive and individualised program to ensure patients are well informed regarding what is the optimal management of their Diabetes. Careful monitoring will occur alongside a continued education process, ensuring minimal negative comorbidities arise as a result of poorly maintained blood glucose levels.

FITNESS CONSULTANTS

AHSA Fitness Consultants provide expert guidance and management of all health and fitness requirements. Training and motivation is provided by the highest qualified trainers in the industry, whilst the client also enjoys the many added benefits provided as part of being a member of the AHSA fitness family.

REMEDIAL THERAPY

The AHSA remedial therapists provide relief for all aches and pains derived from a weekly fitness or work schedule. Providing either a relaxing remedial massage or even a more intensive and focused muscle tone relieving treatment. Whether it is muscle spasm, strain or soft tissue injury, a remedial therapist will provide professional and evidence based treatment for the concern.



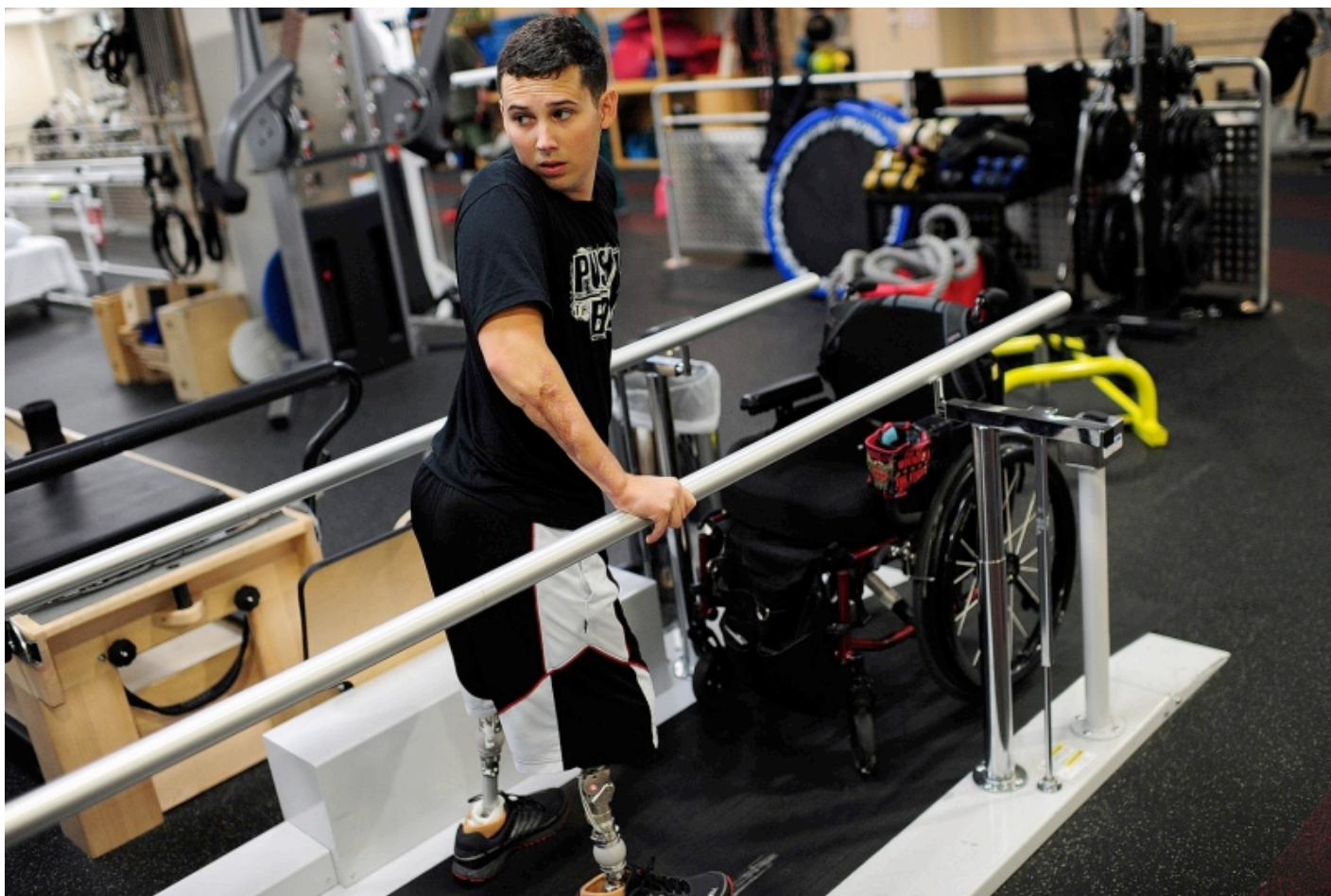
PODIATRY SERVICES

- Podiatry interventions are designed to diagnose, treat and educate the patient in the following areas:
- Routine and regular foot and nail care
- Treatment and maintenance of corns and callouses
- Fungal infections of nails
- Wart and verracue treatments
- Ingrown toenails, including minor nail surgeries (if required)
- Children's foot problems
- Diabetes foot care
- Sports injuries
- Biomechanical gait assessment (the way you use your feet)
- Foot orthotics and arch supports
- Heel, arch and forefoot pain





Intensive Rehabilitation





Health, Fitness & Wellness Programs



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Health Fitness & Wellness Programs

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A SUMMARY

Allied Health Services Australia

A summary

Allied Health Services Australia will ensure continuity of service at all times by ensuring that there is always a team comprising Physiotherapists, Exercise Physiologists, Dieticians, Psychologists, Mobility Therapists and other allied health professionals available to provide services to our core facilities, organizations and surrounding community. Allied Health Services Australia is able to provide highly competent, experienced, clinical staff to ensure a continuity of high standards and quality care at all times.

STANDARDISED ALLIED HEALTH INTERVENTION FOR NURSING FACILITIES

Allied Health Services Australia is able to develop and institute a standard of care, assessment and training throughout the environment of work. A uniform and standardised approach to allied health intervention, rehabilitation, treatment programs and staff training, would allow facilities to ensure residents and staff, would receive the highest level of consistent treatment and training available. Several on-going benefits would be:

- Standardised level of quality professional treatment and management
- Standardised procedures and protocols
- Streamlined clinical documentation and templates
- Standardised clinical treatment programs
- Uniform “Manual Handling” procedures and protocols
- Employee injury prevention program
- Standardised risk management systems
- Reduced workers compensation claims
- Streamlined training and employee education systems
- Easy transference of employees from section to section and/or site to site.
- Should a multi facility standardisation approach be considered, Allied Health Services Australia has the ability to be an integral part of this vision and would be happy to discuss ways in which our professional involvement with this process would be advantageous.
- Our organisation’s development of such a professional approach to care would allow for a standardised high quality level of treatment, management and training. Ultimately, this would ensure optimal health, increased quality of life, reduction of falls and hospitalisations for the residents, whilst also reducing employee injury and increased education levels. A complete holistic approach to resident and facility provision will guarantee that your facilities are regarded within the community as second to none.



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