

ABOUT US

Allied Health Services Australia is a Queensland based, well established, organisation that has been providing high quality treatment and management through evidence based practice and varied allied health professionals in the treatment of disability, injury, disease and illness.

OUR MISSION

To deliver quality, intensive, treatment and management to all community members experiencing significant disability, injury, illness or disease.

OUR MOTTO

"Enhancing quality of life through improvements in health, mobility and function."



ORGANISATIONAL EXPERTISE

- Medical Centre allied health service provision
- Home and community based complex rehabilitation and management.
- Occupational rehabilitation, management, injury prevention services, FCE and return to work
- Care Facility allied health service provision
- Paediatric developmental therapy (Better Start Program approved)
- Nurse and carer education and training
- Registered nurse clinical services and agency provision
- Corporate health programs
- Clinical Pilates
- Manual Handling training provider



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WEBSITE

www.alliedhealthservicesaustralia.com.au

SERVICES AVAILABLE

Northern NSW | Gold Coast | Logan area
Brisbane and surrounding suburbs

FUNDING OPTIONS AVAILABLE

Health Fund | DVA | CTP | Work Cover
Better Start | DSQ Approved



DISABILITY, DISEASE, ILLNESS & INJURY SPECIALISTS

PHYSIOTHERAPY
OCCUPATIONAL THERAPY
EXERCISE PHYSIOLOGY
DIABETES EDUCATOR
FITNESS CONSULTANT
REGISTERED NURSE
REMEDIAL THERAPY
PODIATRY
DIETITIAN
PSYCHOLOGY

See reception
for appointments



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Our skilled Allied Health Professionals offer a variety of treatment methods to help restore, increase and maintain optimal physical function and health. The patient is provided with customised treatment programs that encourage self-management and independence.

Allied Health Services Australia provides treatment and management to all disability, injury, disease and illness including:

- Musculoskeletal
- Physical disability
- Orthopaedic
- Neurological
- Paediatric
- Geriatric
- Metabolic
- Work injury
- Sports injury
- Diabetes education
- Mental health
- Respiratory
- Cardiovascular
- Diabetes educator

PHYSIOTHERAPY

- Acute and chronic back injury
- Post-surgical rehabilitation
- Acute and chronic pain
- Musculoskeletal injury
- Rehabilitation
- Work place injury and management
- Sports injury
- Manual therapy
- Complex physical disability

EXERCISE PHYSIOLOGY

- Chronic Spinal Pain Program
- Chronic Shoulder Program
- Chronic Pain Program
- Post - Surgical Program
- Falls Prevention Program
- Healthy Heart Program
- Weight Management Program
- Asthma Education Program
- COPD Education Program
- Chronic Arthritis Program
- Diabetes Education Program

PSYCHOLOGY

AHSA offers a comprehensive range of psychological services supporting individuals, couples and families through various life transitions and challenges.

Areas of treatment include:

- Depression
- Anxiety
- Grief & loss
- Trauma
- Relationship breakdown
- Family separation
- Self esteem
- Domestic & family violence
- Anger management
- Parenting challenges
- Family reunification
- Sexual dysfunction

DIETITIAN

Dietitians apply the art and science of human nutrition to help people understand the relationship between food and health and make dietary choices to attain and maintain health, and to prevent and treat illness and disease.

Areas of treatment include:

- Sports performance
- Health maintenance
- Recovery from significant illness
- Pre/postnatal
- Paediatric development
- Geriatric care
- Weight management
- Menopausal nutrition

OCCUPATIONAL THERAPY

An AHSA Occupational Therapist will assist by ensuring the patient is able to access their environment effectively despite whichever injury, disability, illness or disease they may be enduring.

Areas of assistance include:

- Access
- Acquired brain injury
- Adaptive technology
- Aged care
- Attendant care reviews
- Medical aid assessment
- Autism spectrum disorders
- Equipment prescription
- Driving assessments
- Falls prevention
- Ergonomics
- Handwriting & fine motor
- OH&S consultation
- Paediatrics
- Seating & wheelchair prescription
- Case management

FITNESS CONSULTANT

AHSA fitness consultants provide expert guidance and management of all your health and fitness requirements. Be trained and motivated by the highest qualified trainers in the industry, whilst enjoying the many added benefits provided as part of being a member of the AHSA fitness family.

REGISTERED NURSE

Health assessment and community-based reviews are available to ensure that patients are provided intervention and education within their own home environment.

Nursing Services Include:

- Wound care management
- Community nursing
- Health assessments
- Corporate health
- Clinical case management
- Agency relief staff

DIABETES EDUCATOR

A qualified Diabetes Educator will provide a comprehensive and individualised program to ensure patients are well informed regarding what is the optimal management of their Diabetes.

Careful monitoring will occur along side a continued education process, ensuring minimal negative comorbidities arise as a result of poorly maintained blood glucose levels.

REMEDIAL THERAPY

Allow the AHSA remedial therapists to provide relief for all of your aches and pains derived from your weekly fitness or work schedule. Try either a relaxing remedial massage or even a more intensive and focused muscle tone relieving treatment.

Whether it be muscle spasm, strain or soft tissue injury, a remedial therapist will provide professional and evidence based treatment for your concern.

PODIATRY

Podiatry interventions are designed to diagnose, treat and educate the patient in the following areas:

- Routine & regular foot nail care
- Fungal infections of nails
- Wart & verrucae treatment
- Foot orthotics and arch supports
- Ingrown toenails
- Children's foot problems
- Diabetes foot care
- Sports injuries
- Biomechanical gait
- Treatment & maintenance assessment
- Heel, arch & forefoot pain